



3. Animal Stories: Scripture and the Saints- Activity 8

ELIJAH'S BREAD FROM THE RAVENS

Equipment: Oven; 160g plain flour, 125ml warm water, dribble of honey, cumin (to taste), 2 tablespoons of olive oil, ½ teaspoon salt and an oiled baking sheet.

Activity: Make unleavened bread. Pre-heat the oven to gas mark 5/190 C/375F. Mix together the ingredients, and rub/knead into a ball. Roll out on a floured surface, place on baking sheet and bake for approximately 20 minutes. The finished bread should be fairly soft rather than crispy, but not squidgy!

Purpose/Teaching: In 1 Kings 17:1-6 God sends ravens to bring food (including bread) to the prophet Elijah. He could have asked angels or human beings, but he chose ravens! Even though ravens were unclean, carrion birds, God obviously valued them and thought them worthy of doing his work. Sometimes human beings have an irrational and negative attitude towards certain animals and birds (e.g. pigeons, mice) but they are still part of God's creation and precious to him.

